

# Year 1 Books and Themes

Year 1 sets the foundation for the ABC program with common vocabulary and tools that are part of an anti-peer abuse theme and a presentation of tools for better social interaction and peer relationships.

**Have You Filled a Bucket Today?** by Carol McCloud - Buckets filled with warm fuzzies (we will start in September with How Full is Your Bucket? For Kids, by Tom Rath)

**Simon's Hook** by Karen Gedig Burnett and Laurie Barrows - Five tools to deal with teasing

**Say Something** by Peggy Moss and Lea Lyon - Say and do something when you see bullying behavior

**Mr. Peabody's Apples** by Madonna - Rumors stop with me!

**My Secret Bully** by Trudy Ludwig and Abigail Marble - Bystanders become UP-Standers

**Nobody Knew What to Do** by Becky Ray McRain and Todd Leonardo - Tattle vs. Tell

**Chrysanthemum** by Kevin Henkes - Caring adults & "I" messages

**The Recess Queen** by Alexis O'Neill and Laura Huliska-Beith - Peaceful conflict steps

**Who Moved My Cheese? For Kids** by Spencer Johnson and Christian Johnson

- How to deal with change-- and win!

\*\*Note: this book was read to 6th grade only.