

Join us for
Community Yoga at Santa Rita
Every Wednesday Morning!

When: Wednesdays after drop off, 8:30 am

Where: Multipurpose Room, Santa Rita

Join us right after drop off at 8:30 in the multi on Wednesdays. Experience a sense of community while strengthening your core and finding peace and balance in your life.

Donation based class ... proceeds go to Santa Rita for programs that support our kids.

Candice Stark and Lynn Marrin rotate teaching each week. Lynn is a certified Anusara-Inspired yoga teacher who teaches a heart opening vinyasa class that celebrates and affirms the goodness of life. Candice Stark has been practicing yoga for over 15 years. She teaches a flow style of yoga that connects breath and movement, bringing strength and flexibility to the body and the mind.

Join us for our second year and discover the transformational qualities of a yoga practice. ALL LEVELS WELCOME.

For more information, contact:
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